THE COLLABORATIVE REPORT

The Collaborative Report 11200 93rd Avenue N. Maple Grove, MN 55369

Volume XVI 2017

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The Northwest Immunization Clinic is Iocated at 7051 Brooklyn Blvd. at the NW Family Service Center, in the Osseo School District Enrolment Center. Free vaccinations are available year round for those who qualify. Call 763–585-7361 for an appointment.

St. Mary's Clinics provide medical care for those who qualify. General medical services are available at no cost. For information and to make an appointment call St. Mary's Clinics at 651-287-7777

NWHFSC 2017 ANNUAL REPORT

The Northwest Hennepin Family Service Collaborative (NWHFSC) is a regional collaborative serving the Brooklyn Center School District, Osseo Area Schools and the Hennepin County side of the Anoka Hennepin School District and serves nine cities included in the attendance area of these school districts: Brooklyn Center, Brooklyn Park, Osseo, Maple Grove, Dayton, Champlin, and a portion of the cities of Plymouth, Rogers and Corcoran.

During **Calendar Year 2017** the NWHFSC funded initiatives that provided direct service to over **3,715** individuals, children, youth and families combined in the NWHFSC regional service delivery area.

LCTS expenditures for programs and initiatives of the NWHFSC that took place during **Calendar Year 2017** totaled **\$488,475** expended for direct services from the NWHFSC Integrated Fund.

Working together for children and families in the northwestern suburbs of Hennepin County, the Northwest Hennepin Family Service Collaborative received an estimated **\$ 378,580** of non cash, in-kind contributions from its collaborative partners.

During Calendar Year 2017 the NW Immunization Clinic served 1,281 individuals of these 930 were children who received vaccinations that allowed them to remain in school without interruption; over 116 Individuals received Emergency Dollars; 1,183 Individuals and families combined received resource information at Community Corner; 51 children and their families received direct mental health services through a partnership with North Psychology; 78 Middle School age students received school-based preventive mental health services through the Family School Coordinator program, 1,006 individuals were served through the Family Advocate program.

The diversity of families served through initiatives funded in full or in part by the NWHFSC can be seen throughout all the initiatives of the NWHFSC. An estimated **50 different countries/languages** were served.

The Northwest Hennepin Family Service Collaborative thanks its Partners for their commitment and continued support as we work together for children and families in the NWHFSC regional corridor of Hennepin County. For more information call: 763-391-7253

ADVERSE CHILD EXPEREINCES (ACEs)

How the ACES Work

Adverse Childhood Experiences Abuse and Neglect (e.g., psychological, physical, sexual) Household Dysfunction (e.g., domestic violence, substance abuse, mental illness) Impact on Child Development Neurobiologic Effects (e.g., brain abnormalities, stress hormone dysregulation) •Psychosocial Effects (e.g., poor attachment, poor socialization, poor self-efficacy) •Health Risk Behaviors (e.g., smoking, obesity, substance abuse, promiscuity) Long-Term Consequences Social Problems Disease and Disability Homelessness Major Depression, Suicide, PTSD Prostitution Drug and Alcohol Abuse Criminal Behavior Heart Disease Unemployment Cancer Parenting problems Chronic Lung Disease •Sexually Transmitted Diseases ·High utilization of health and social services Shortened Lifespan Intergenerational transmission of abuse CANarratives.org

Knowledge of ACEs is vital to understanding the origins of physical, social, mental, and societal health and well-being. The cumulative effect of ACEs on neurodevelopment has generational implications and contribute to leading causes of learning challenges, disease, disability, productivity issues and early death.

"ACEs have created a Chronic Public Health Disaster"—Dr. Robert Anda, CDC

Trauma, the result of adverse childhood experiences (ACEs), can only be prevented if we have an understanding of the root causes of childhood adversity. We know that a quarter of our children will endure at least three ACEs, which means living in households where adults misuse substances, are threatening or violent, have untreated mental health challenges, are abusive and neglectful, are dissolving marriages or are incarcerated. (We are not even talking about the one in eight children in the US who will be substantiated as maltreated by child welfare before their 18th birthday.)

In Minnesota, results indicate that ACEs are common among Minnesota adults. **Over half** of the Minnesotans responding to ACE module questions reported experiencing at least one ACE in childhood. The five most common ACEs reported by Minnesotans in the survey are **verbal abuse** (28 percent), living with a **problem drinker** (24 percent), **separation** or **di-vorce** of a parent (21 percent), **mental illness** in the household (17 percent), and **physical abuse** (16 percent).

Over five years ago the NWHFSC began to engage in ACE related programmatic efforts , trainings and community and partner network discussions.

The NWHFSC was the first Collaborative in the Metro Area to conduct ACE presentations and trainings.

Urgent Need <u>Continues</u> In The NW Suburbs For Housing Options For Teen Parents Under Age 18 And Their Children

While overall teen pregnancy rates, both across the nation, and in Minnesota, as a whole, are declining; however, the northwest suburbs of Hennepin County continue to have the highest rates of teen pregnancy among 15 to 19 year olds in all of suburban Hennepin.

At this time, there is no housing option in Hennepin County for parenting teens under age 18 and their children.

The NW Teen Parent Connection is working on this critical need in our community.

- Children in families experiencing homelessness have high Adverse Child Experience (ACE) scores, experience high rates of toxic stress, and high rates of acute and chronic health problems.
- The majority have been exposed to trauma and some form of violence.
- Teen parents and their children are also more likely to have emotional and behavioral problems.
- The effects of homelessness on a child's school performance are significant and long-lasting.

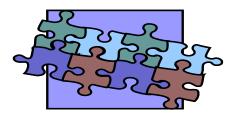
There are significant costs associated with family homelessness.

The children of teen mothers also experience ACEs:

- Are less like to graduate from high school
- Have lower overall academic achievement rates
- Are more likely to be truant
- Are more likely to be homeless themselves
- Are more likely to be poor
- Are more likely to become a teen parent themselves

YOU can make the difference !

If you, your organization, city, faith community or business has land, a building, a home or other property that is available and could be redeveloped to support the housing needs of parenting teens and their children.



NW Hennepin Teen Parent Connection 763–391–7253

The Collaborative Report

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> Check us out ! We're On The WEB at www.nwhfsc.org



Working Together. Supporting Family Success.

The Northwest Hennepin Family Service Collaborative (NWHFSC) is a regional family service collaborative serving three school districts and nine cities in the northwest suburbs of Hennepin County.

The Collaborative is governed by a Governance Commission.

With its collaborative partners, the Northwest Hennepin Family Service Collaborative develops and implements initiatives that support children and families, reducing the incidences of out of home placement of children and risk factors for families.

The Collaborative believes that by integrating services, strengthening partnerships, and reducing barriers, children and families will be better served, thus improving the quality of life in the northwest suburban regional corridor of Hennepin County.

Governance Commission Officers

Co-Chairs Sherry Anderson, David Johnson

Vice Chair Diane Hughes

